

Monday Spiritual Growth

Spiritual growth is not an option. It is absolutely necessary! God expects that we will take the necessary steps to grow. It's a life-long process. We will never reach complete spiritual maturity, but we ought to be growing everyday.

1. Read II Peter 3:17-18 – What did Peter warn the people not to do in verse 17?
2. He told them to grow. That means to increase or become greater. In what two things are we supposed to grow?
3. What does it mean to grow in grace?
4. What are three ways you can start doing that this week?
 - a.
 - b.
 - c.
5. What does it mean to grow in knowledge?
6. What are three ways you can start doing that this week?
 - a.
 - b.
 - c.
7. What difference do you think it would make in your life to grow in those two areas?

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1. Read I Corinthians 3:1-3 – Paul wrote this letter to the Corinthian church which was known for being a carnal church. They had a desperate need for spiritual growth. They were saved, but not very mature. What did Paul say that he could not do in verse 1?
2. He was unable to speak to them as spiritually-minded people. How did he have to speak to them instead?
3. Babies have huge needs and very little ability to do anything on their own. For new Christians that is totally understandable. For those who have been saved for a period of time, this is a serious problem. This was the issue in the Corinthian church. According to verse 2, how did Paul have to feed them?
4. What did he mean by that statement?
5. Babies need milk because they can't chew or digest meat. According to verse 2, for some time the Corinthian church was unable to handle deeper material from the Word of God. Why do you think that was such a problem?
6. According to verse 3, what did Paul identify as the cause for the Corinthians' lack of spirituality?
7. How could you avoid letting that happen in our church?

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Wednesday Spiritual Growth

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1. Read Hebrews 5:5-6:1 – What did Christ not do?
2. In stead Whom did Christ glorify?
3. What priest was mentioned in verse 6?
4. Verses 7-10 talk about Jesus and His life here on earth. To whom was He compared in verse 10?
5. The author of Hebrews had many things he wanted to teach about Melchisedec. According to verse 11, why didn't he?
6. The author said in verse 12 that for as long as they had been saved, they ought to be teachers by now. In stead of being teachers, what did they need?
7. According to verse 13, are immature Christians able to handle the Word of God well?
8. According to verse 14, who gets to learn the deeper things of Scripture?
9. What other benefit of spiritual maturity is mentioned?
10. What instruction did the author give in 6:1 to the Hebrew people that is also applicable to us today?

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Thursday Spiritual Growth

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1. We've learned about the detriments of remaining spiritually immature, but obviously it takes time to get to that point of maturity. Where should you begin? Read I Peter 2:1-3 – Peter listed five things that a person who desires to grow needs to lay aside. What are they?
 - a.
 - b.
 - c.
 - d.
 - e.
2. Why do you think Peter started his instruction about spiritual growth with mentioning the need to eliminate those sinful practices?
3. Peter was apparently writing to newborn Christians. What did he call them in verse 2?
4. What should they desire?
5. When you desire that and get it, what will happen?
6. Peter stated in verse 3 that spiritual growth is for people who have tasted that the Lord is gracious. These are people who are saved. Whom do you know who needs to begin growth here?

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Friday Spiritual Growth

Spiritual growth is not an option. It is absolutely necessary! God expects that we will take the necessary steps to grow. It's a life-long process. We will never reach complete spiritual maturity, but we ought to be growing everyday.

1. Yesterday we studied about the need to desire the Word of God. The Bible is one of the things that allows us to grow. It is our sources of spiritual nourishment. Today we'll read about people who were passionate about their spiritual growth. Read Acts 17:10-12 – The people of Berea did two things that made them more noble than the people of Thessalonica. What were those two things?
 - a.
 - b.
2. According to verse 12, what happened when the people searched the Scriptures?
3. Job was another man who was passionate about knowing God's Word. Read Job 23:12 – Did Job disobey any of God's commandments?
4. Job valued God's Word above what?
5. How does God want you to value His Word?
6. Read Psalm 119:105 – What is another benefit of reading, studying, and knowing the Bible?
7. What will you do differently this week to help you grow more through your time in God's Word?

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Saturday Spiritual Growth

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1. Yesterday we studied about people who were passionate about learning, studying, and understanding the Bible. That happens by daily Bible study. Another habit that helps us to grow spiritually is meditation on Scripture. This isn't anything spooky or weird. It's simply thinking about God's Word and its affect on our lives. Read Joshua 1:8 – How often does this verse tell us to think about God's Word?
2. Meditating is the same idea as a cow as it chews its cud. It brings its food back up and chews on it again. That's what we need to do with Scripture. It's one thing to read it everyday, but it's also important to think about what you read. What will we be able to do once we have meditated on God's Word?
3. God wants us to obey His Word. What two results come from meditating on and obeying the Bible?
 - a.
 - b.
4. Read Psalm 1 – According to verse 2, what two things does a Godly person do?
5. To what is the Godly person that delights in and meditates on God's Word compared in verse 3?
6. What is your favorite verse or passage? Think about it today!

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1. Sometimes the introduction and conclusion are the same for everyday. That's done purposely to emphasize a point: God wants us to grow, and it's Scripture that gives us the necessary nourishment. One other habit that will help us to grow is Scripture memory. Read Psalm 119:9-11 – According to verse 9, how can a young person cleanse his way?
2. According to verse 10, how diligently should we seek God?
3. What should be our heart's desire?
4. According to verse 11, what should we hide in our hearts or memorize?
5. What is the purpose for memorizing Scripture?
6. Matthew 4:1-11 records Jesus' temptation. He of course never sinned. How did He defeat His temptations?
7. Read John 17:17 – Jesus was praying for His disciples. What did He asked God to sanctify them. What would God use to sanctify them?
8. Jesus called His Heavenly Father's words truth. How would memorizing Scripture help you to grow spiritually?
9. What verse could you memorize that would help you grow?

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